

Report on Theatre Practice 2018

An interactive session on theatre practice was conducted on 03/07/2018 at college auditorium. The programme was started with a prayer song by College choir. The introductory remark was given by Dr. Rany S., Principal, Sree Narayana Training College, Nedunganda. The session was handled by **Reju Sivadas Gramika**, a famous theatre activist, **Sapiens**. He began the session with a quote “Tell me, and I’ll forget. Show me, and I may not remember. Involve me, and I’ll understand.” This seems to be true, if we integrate theatre practice into education. He exhorted that theatre is a composite art form which assist student to express and explore. It helps to overcome inhibitions and help them to express themselves, their aspirations, fears and desires. An **ice breaking session** was conducted and was interactive and full of energy.

The session deals with three main wings of theatre namely writing, directing and acting. He Provided a clear image on how to compose a story and basic ideas and division of a script. Also introduced composition of the shots and the essence of creating suspense by controlling what the audience sees. He showed videos to explain the importance of eye movement, facial expressions and body language. After that he demonstrated it to students and gave opportunities to demonstrate facial expressions, movements etc. He explained various fragments including overview of the stage rules, acting method, act types, voice modulations, stage relaxation techniques, improvisations, and confidence boost up activities which help to overcome stage fight. After that he divided the whole students into various groups and directed them to complete a story and demonstrate it. Also students were given creative freedom to improvise and come up with their own stories. He also engaged students in many enlivening games and made each one present enthusiastically. These game made it evident that students should learn to give and take simultaneously and should live for the moment. There was a doubt clearing session for students which was very much informative. The session was really entertaining and relaxing event, at the same time fulfilling the objective of making students understand the various aspects of theatre practice